



BODY•SPEC

**Better Health,
Delivered To Your Neighborhood**





Life is different - but good health becomes more important during a global pandemic, not less.

Our health scans help you see your health in a new light, gaining a full understanding of where the path you're on leads - and how to make lasting changes for the better.

In a time of uncertainty, we're here to provide you with certainty about your health.

Most importantly, we deliver our service safely - and directly to you.





BodySpec offers a 10-minute DEXA whole body scan that uncovers individual risks, illuminates a path to better health, and sparks motivation to succeed.

We visit neighborhoods, community centers, public parks, health fairs, hospitals, workplaces, and gyms.





“ I originally got a BodySpec scan because I was curious about my fitness. But the scan did more than tell me how lean I was - it opened my eyes to what challenges I would face based on what was going on in my body today.

As soon as I got it, I knew I had to get Dad to do it too. Dad lives on TV dinners and doesn't exercise, and I needed him to understand for himself what the future might look like based on his lifestyle.”

“ I'll be honest - I never quite took my health seriously. But COVID has forced me to wake up and think about how my habits are affecting my life.

BodySpec was the first tool that helped me see my health for what it is. It's also helped me start in the direction of better habits. After all, I want to be here to meet my grandchildren and see them grow up.”



Know your risks. Prevent today, rather than treat tomorrow.

No two bodies are alike - and not all health risks can be seen from the outside.

Our health scan screens for preventable but serious health conditions, such as cardiovascular disease, diabetes, and osteoporosis.

If you know early on that you're at high risk, you can take the preventative action needed to reduce those risks - so that treatment and diagnosis never need to enter the picture.

As part of the scan, our health and fitness experts will guide you in the right direction!





Get what you want out of your life.

Everyone has health goals, whether it's to fit into an old pair of pants, build a deck without back pain, or keep up with toddlers.

Everyone also has health routines, whether it's a morning walk, time spent at the gym, or the lack thereof.

BodySpec helps you understand if your routines will help you reach your goals.

Instead of measuring calories, hours, or dollars, we measure your body - the final result of your routine. We tell you whether your actions are working to help you achieve your goals.





Build stronger family bonds around a shared commitment to health.

No matter where we're individually headed, we're all more successful when our goals are shared and supported by those around us - especially our loved ones.

BodySpec's scans are relevant to everyone, no matter their age or where they are on their health journey.

And our ability to travel to your neighborhood makes it even easier.



Community-Tested Community-Approved

We build mutually beneficial long-term partnerships with our host locations, to make better health accessible to everyone - regardless of who they are.



TRAVIS COUNTY
SHERIFF'S OFFICE





We're dedicated to safety for everyone.

Supervised by licensed medical professionals, BodySpec has been proactive about implementing COVID-19 safety procedures that meet or exceed local and national guidelines, including:

- Masks required for all employees and recommended for clients (as of June 15, 2021)
- Side and rear windows and doors open during van operations, facilitating maximum airflow
- Contactless client experience from start to finish
- Disinfecting with EPA-approved and hospital-grade disinfectant between every client
- Email results delivery and remote phone consultations

It's easy to bring us to your building, neighborhood, or community event!

Scans start at \$39.95 each, and are HSA/FSA eligible.

Schedule a demo and try it out!

We'll scan 3 people at no charge. All we need is a place to park!

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